

I can ...



be **creative**, have fun, laugh
try **new things**, run a **5k**,
feel more **CONFIDENT**, grow
BE totally ME!

WHEN: Every Monday and Wednesday starting 2/26/19

WHERE: PVMS

REGISTER: www.gotrampa.org

FEE: \$150

*Scholarships and Payment Plans Available!
If you have a Need, you Qualify!*

Find more details at

www.gotrampa.org or contact us at
leslie.stallings@girlsontherun.org or
(813) 832-2826

heart & sole

Heart & Sole is a program from Girls on the Run International for girls in 6th-8th grade.
For more information visit .

⚡ brain ❤️ heart ☀️ social ⚽ body 🦋 spirit

